

**वी.पी. कोइराला मेमोरियल क्यान्सर अस्पताल**  
**प्राविधिक (स्वास्थ्य) सेवा, मेडिकल (एलाइड हेल्थ) समुह, मेडिकल फिजिक्स उपसमुह, वरिष्ठ मेडिकल फिजिसिष्ट**  
**पदको खुला र आन्तरिक प्रतियोगितात्मक परीक्षाको पाठ्यक्रम**

यस पाठ्यक्रम योजनालाई दुई चरणमा विभाजन गरिएको छ :

**प्रथम चरण :-** लिखित परीक्षा (Written Examination)

पूर्णाङ्क :- २००

**द्वितीय चरण :-** अन्तर्वार्ता (Interview)

पूर्णाङ्क :- ३०

**परीक्षा योजना (Examination Scheme)**

**प्रथम चरण (First Phase) : लिखित परीक्षा**

Paper	Subject	Full Marks	Pass Marks	No. Questions & Weightage	Time Allowed
I	Technical Subject & Organizational Knowledge	100	40	100× 1= 100 (Objective Multiple Choice Questions)	1.15 hrs
II		100	40	4 × 5 = 20 8 × 10 = 80 (Subjective Descriptive Type)	3.00 hrs

**द्वितीय चरण (Second Phase)**

Subject	Full Marks	Examination
Interview	30	Oral

**द्रष्टव्य :**

- यो पाठ्यक्रमको योजनालाई प्रथम चरण र द्वितीय चरण गरी दुई भागमा विभाजन गरिएको छ ।
- प्रथम र द्वितीय पत्रको पत्रको विषयवस्तु एउटै हुनेछ ।
- प्रथम र द्वितीय पत्रको लिखित परीक्षा छुट्टाछुट्टै हुनेछ ।
- लिखित परीक्षाको माध्यम भाषा नेपाली वा अंग्रेजी अथवा नेपाली र अंग्रेजी दुवै हुनेछ ।
- वस्तुगत बहुवैकल्पिक (Multiple Choice) प्रश्नहरूको गलत उत्तर दिएमा प्रत्येक गलत उत्तर बापत २० प्रतिशत अङ्क कटौत गरिनेछ । तर उत्तर नदिएमा त्यस बापत अङ्क दिइने छैन र अङ्क कटौत पनि गरिने छैन ।
- वस्तुगत बहुवैकल्पिक हुने परीक्षामा परीक्षार्थीले उत्तर लेख्दा अंग्रेजी ठूलो अक्षर (Capital letter) A,B,C,D मा लेख्नुपर्नेछ । सानो अक्षर (Small letter) a,b,c,d लेखेको वा अन्य कुनै सङ्केत गरेको भए सबै उत्तरपुस्तिका रद्द हुनेछ ।
- बहुवैकल्पिक प्रश्नहरू हुने परीक्षामा कुनै प्रकारको क्याल्कुलेटर (Calculator) प्रयोग गर्न पाइने छैन ।
- परीक्षामा सोधिने प्रश्नसंख्या, अङ्क र अङ्कभार यथासम्भव सम्बन्धित पत्र /विषयमा दिइए अनुसार हुनेछ ।
- परीक्षामा परीक्षार्थीले मोबाइल वा यस्तै प्रकारका विद्युतीय उपकरण परीक्षा हलमा लैजान पाइने छैन ।
- विषयगत प्रश्न हुने पत्रका हकमा प्रत्येक खण्डका लागि छुट्टाछुट्टै उत्तरपुस्तिकाहरू हुनेछन् । परीक्षार्थीले प्रत्येक खण्डका प्रश्नहरूको उत्तर सोही खण्डको उत्तरपुस्तिकामा लेख्नुपर्ने छ ।
- यस पाठ्यक्रम योजना अन्तर्गतका पत्र/विषयका विषयवस्तुमा जेसुकै लेखिएको भए तापनि पाठ्यक्रममा परेका कानून, ऐन, नियम तथा नीतिहरू परीक्षाको मिति भन्दा ३ महिना अगाडि (संशोधन भएका वा संशोधन भई हटाईएका वा थप गरी संशोधन भई) कायम रहेकालाई यस पाठ्यक्रममा परेको सम्भन्नु पर्दछ ।
- प्रथम चरणको परीक्षाबाट छनौट भएका उम्मेदवारहरूलाई मात्र द्वितीय चरणको परीक्षामा सम्मिलित गराइनेछ ।
- पाठ्यक्रम लागू मिति :- २०७८/०२/१४

**Paper I & II : - Technical Subject & Organizational Knowledge**  
**Section (A): 50 % Marks**

**1. NUCLEAR AND RADIATION PHYSICS**

**1.1 Nuclear Physics**

Radioactivity - General properties of alpha, beta and gamma rays - Laws of radioactivity - Laws of successive transformations - Natural radioactive series - Radioactive equilibrium - Alpha ray spectra - Beta ray spectra - Theory of beta decay - Gamma emission - Electron capture - Internal conversion - Nuclear isomerism - Artificial radioactivity - Nuclear crosssections - Elementary ideas of fission and reactors - Fusion.

**1.2 Particle Accelerators**

Particle accelerators for industrial, medical and research applications - The Resonant transformer - Van De Graff Generator - Cyclotron - Betatron - Synchro-Cyclotron-Linear Accelerator - Klystron and magnetron - Travelling and Standing Wave Acceleration - Microtron - Electron Synchrotron-Proton synchrotron. Details of accelerator facilities in Nepal.

**1.3 X-ray Generators**

Discovery - Production - Properties of X-rays - Characteristics and continuous spectra - Design of hot cathode X-ray tube - Basic requirements of medical diagnostic, therapeutic - Rotating anode tubes - Safety devices in X-ray tubes - Ray proof and shockproof tubes - Insulation and cooling of X-ray tubes - Faults in X-ray tubes - Electric Accessories for X-ray tubes - Filament and high voltage, Modern Trends.

**1.4 Interaction of Radiation with Matter**

Interaction of electromagnetic radiation with matter Exponential attenuation - Thomson scattering - Photoelectric and Compton process and energy absorption - Pair production - Attenuation and mass energy absorption coefficients - Relative importance of various processes.

Interaction of charged particles with matter - Classical theory of inelastic collisions with atomic electrons - Energy loss per ion pair by primary and secondary ionization. Passage of heavy charged particles through matter - Energy loss by collision - Range energy relation - Bragg curve - Specific

**1.5 Radiation Quantities and Units**

Radiation quantities and units - Particle flux and fluence - Energy flux and fluence - Cross Section - Linear and mass attenuation coefficients - Mass energy transfer and mass energy absorption coefficients - Stopping power - LET - Radiation chemical yield. Dosimetry - Energy imparted - Absorbed dose - Kerma - Exposure - Air kerma rate constant - Charged particle equilibrium (CPE) - Relationship between Kerma, absorbed dose and exposure under CPE - Dose equivalent

**1.6 Radiation Sources**

Natural and artificial radioactive sources - Large scale production of isotopes - Reactor produced isotopes - Cyclotron produced isotopes - Fission products - industrial uses - Telecobalt and Brachy Caesium sources - Gold seeds  $^{125}\text{I}$  Sources - Beta ray applicators - Thermal and fast neutron sources - Preparation of tracers and labelled compounds.

**1.7 Dosimetry & Standardization of X and Gamma Rays Beams**

Standards - Primary and Secondary Standards, Traceability, Uncertainty in measurement. Charged Particle Equilibrium (CPE), Free Air Ion Chamber (FAIC),

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Design of parallel plate FAIC, Measurement of Air Kerma/ Exposure. Limitations of FAIC. Bragg-Gray theory, Mathematical expression describing Bragg-Gray principle and its derivation. Burlin and Spencer Attix Cavity theories. Transient Charged Particle Equilibrium (TCPE), Concept of Dgas, Cavity ion chambers, Derivation of an expression for sensitivity of a cavity ion chamber. General definition of calibration factor - NX, NK, ND, air, ND, W.

IAEA TRS277: Various steps to arrive at the expression for DW starting from NX. TRS398: ND, W, Q : ND, W :KQ,Q0 :KQ , Derivation of an expression for KQ,Q0.

Calorimetric standards – Intercomparison of standard Measurement of DW for External beams from 60Co teletherapy machines: Reference conditions for measurement, Type of ion chambers, Phantom, Waterproof sleeve, Derivation of an expression for Machine Timing error, Procedure for evaluation of Temperature and pressure correction: Thermometers and pressure gauges. Measurement of temperature and pressure. Saturation correction. Parallel plate, cylindrical and spherical ion chambers Two voltage method for continuous and pulsed beams, Polarity correction. Measurement of DW for high-energy photon beams from Linear accelerators: Beam quality, beam quality index, beam quality correction coefficient, Cross calibration. Measurement of DW for high energy Electron beams from linear accelerators: Beam quality, beam quality index, beam quality correction coefficient, Cross calibration using intermediate beam quality. Quality Audit Programmes in Reference and Non-Reference conditions. Standardization of brachytherapy sources - Apparent activity - Reference Air Kerma Rate – Air Kerma Strength - Standards for HDR 192Ir and 60Co sources - Standardization of 125 I and beta sources - IAEA TECDOC 1274 - room scatter correction. Calibration of protection level instruments and monitors.

### 1.8 Principles of Radiation Detection

Principles of Radiation detection and measurement - Basic principles of radiation detection - Gas Filled detectors - Ionisation chambers - Theory and design - Construction of condenser type chambers and thimble chambers - Gas multiplication - Proportional and GM Counters - Characteristics of organic and inorganic counters - Dead time and recovery time - Scintillation detectors - Semiconductor detectors - Chemical systems - Radiographic and Radiochromic films – Thermoluminescent Dosimeters (TLD) – Optically Stimulated Luminescence dosimeters (OSLD).

### 1.9 Radiation Measuring & Monitoring Instruments

Dosimeters based on condenser chambers - Pocket chambers - Dosimeters based on current measurement. Farmer Dosimeters – Radiation field analyser (RFA) - Radioisotope calibrator - Multipurpose dosimeter – Water phantom dosimetry systems - Brachytherapy dosimeters - Thermoluminescent dosimeter readers for medical applications - Calibration and maintenance of dosimeters. Instruments for personnel monitoring - TLD badge readers - Gamma area (Zone) alarm monitors - Contamination monitors for alpha, beta and gamma radiation – Hand and Foot monitors. Scintillation monitors for X and gamma radiations -Neutron Monitors, Tissue equivalent survey meters.

Instruments for counting and spectrometry - Portable counting systems for alpha and beta radiation

## 2. CLINICAL AND RADIATION BIOLOGY

### 2.1 Cell Biology

Cell physiology and biochemistry - Structure of the cell - Types of cells and tissue, their structures and functions - Organic constituents of cells - Carbohydrates, fats, proteins

and nucleic acids - Enzymes and their functions - Functions of mitochondria, ribosomes, golgi bodies and lysosomes - Cell metabolism - DNA as concepts of gene and gene action – Mitotic and meiotic cell division - Semi conservative DNA synthesis, Genetic variation, Crossing over, mutation, chromosome segregation - Heredity and its mechanisms.

## 2.2 Interaction of Radiation with Cells

Action of radiation on living cells - Radiolytic products of water and their interaction with biomolecule - Nucleic acids, proteins, enzymes, fats - Influence of oxygen, temperature - Cellular effects of radiation - Mitotic delay, chromosome aberrations, mutations and recombinations - Giant cell formation, cell death Recovery from radiation damage - Potentially lethal damage and sublethal damage recovery - Pathways for repair of radiation damage. Law of Bergonie and Tribondeau.

Survival curve parameters - Model for radiation action - Target theory - Multihit, Multitarget - Repair misrepair hypothesis - Dual action hypothesis - Modification of radiation damage - LET, RBE, dose rate, dose fractionation - Oxygen and other chemical sensitizers - Anoxic, hypoxic, base analogs, folic acid, and energy metabolism inhibitors – Hyperthermic sensitization - Radio-protective agents.

## 2.3 Biological Effects of Radiation

Somatic effects of radiation - Physical factors influencing somatic effects - Dependence on dose, dose rate, type and energy of radiation, temperature, anoxia, - Acute radiation sickness - LD 50 dose - Effect of radiation on skin and blood forming organs, digestive tract – Sterility and cataract formation - Effects of chronic exposure to radiation - Induction of leukaemia - Radiation Carcinogenesis - Risk of carcinogenesis - Animal and human data - Shortening of life span - In-utero exposure - Genetic effects of radiation.

## 2.4 Clinical Aspects of Medical Imaging & Radiation Oncology

Radiation Therapy, Surgery, Chemotherapy, Hormone Therapy, Immunotherapy & Radionuclide therapy, Benign and malignant disease, Methods of spread of malignant disease, Staging and grading systems, Treatment intent - Curative & Palliative, Cancer prevention and public education and Early detection & Screening. Site specific signs, symptoms, diagnosis and management: Head and Neck, Breast, Gynaecological, Gastro-Intestinal tract, Genito-Urinary, prostate, Lung & Thorax, Lymphomas & Leukemias & Other cancers including AIDS related cancers. Patient management on treatment - side effects related to radiation and dose - Acute & Late - Monitoring and common management of side effects - Information and communication.

Professional aspects and role of medical physicists: General patient care - Principles of professional practice - Medical terminology - Research & Professional writing – Patient privacy - Ethical & cultural issues. Legal aspects - Confidentiality, Informed consent, Health and Safety.

## 2.5 Biological Basis of Radiotherapy

Physical and biological factors affecting cell survival, tumour regrowth and normal tissue response -Non-conventional fractionation scheme and their effect of reoxygenation, repair, redistribution in the cell cycle - High LET radiation therapy.

## 2.6 Time Dose Fractionation

Time dose fractionation - Basis for dose fractionation in beam therapy - Concepts for Nominal Standard Dose (NSD), Roentgen equivalent therapy (RET) - Time dose fractionation (TDF) factors and cumulative radiation effects (CRE) - Gap correction, Linear and Linear Quadratic models. BED (biological effective dose)

### 3. **MEDICAL IMAGING**

#### 3.1 **Principles of X-ray Diagnosis & Conventional Imaging**

Physical principle of diagnostic radiology: Interactions of X-rays with human body, differential transmission of x-ray beam, spatial image formation, visualization of spatial image, limitations of projection imaging technique Viz. superimposition of overlying structures and scatter, application of contrast media and projections at different angles to overcome superimposition of overlying structures

#### 3.2 **Radiography techniques:**

Prime factors (kVp, mAs and SID/SFD), influence of prime factors on image quality, selection criteria of prime factors for different types of imaging, different type of projection and slices selected for imaging, objectives of radio-diagnosis, patient dose Vs image quality Filters: inherent and added filters, purpose of added filters, beryllium filter, filters used for shaping X-ray spectrum (K-edge filters: holmium, gadolinium, molybdenum).

Scatter reduction: Factors influencing scatter radiation, objectives of scatter reduction, contrast reduction factor, scatter reduction methods; beam restrictors (diaphragms, cones/cylinders & collimators), grids ( grid function, different types of stationary grids, grid performance evaluation parameters, moving grids, artifacts caused by grids, grid selection criteria), air gap technique.

#### 3.3 **QA of conventional diagnostic X-ray equipment:**

Purpose of QA, QA protocols, QA test methods for performance evaluation of x-ray diagnostic equipment

#### 3.4 **Digital X-Ray Imaging and Computed Tomography**

Mammography, Interventional radiology, digital radiography (CR and DRsystems), digital subtraction techniques, Conventional tomography (principle only), orthopan tomography (OPG), Computed Tomography (CT), QA of CT equipment

#### 3.5 **Nuclear Medicine & Internal Dosimetry**

Physics of Nuclear Medicine-Introduction to Nuclear Medicine, Unsealed Sources, Production of Radionuclide used in Nuclear Medicine; Reactor based Radionuclides, Accelerator based Radionuclides, Radionuclide Generators and their operation principles. Various usages of Radiopharmaceuticals. In-vivo Non-imaging procedures; Thyroid Uptake Measurements, Renogram Different Imaging Techniques: Basic Principles, Two dimensional Imaging Techniques Single Photon Emission Computed Tomography, Positron Emission Tomography. Various Image Reconstruction Techniques during Image formation such as Back Projection and Fourier based Techniques, Iterative Reconstruction method and their drawbacks. Attenuation Correction, Scatter Correction, Physics of PET and Cyclotron: Principles of PET, PET Instrumentations, Annihilation, and its use in cancer detection

#### 3.6 **Magnetic Resonance Imaging (MRI)**

Magnetic Resonance image - proton density, relaxation time T1 & T2 images – Image characteristics - MRI system components - Magnets, Magnetic fields, Gradients, Magnetic field shielding, Radio Frequency systems, computer functions - Imaging process – Image artifacts – MRI safety.

#### 3.7 **Ultrasound Imaging and use in medical imaging**

Interaction of sound waves with body tissues, production of ultrasound - transducers – acoustic coupling - image formation - modes of image display - colour Doppler.

**Section (B): 40 % Marks**

**4. RADIATION THERAPY**

**4.1 Beam Therapy**

Description of low kV therapy x-ray units - spectral distribution of kV x-rays and effect of filtration - thoraues filter - output calibration procedure. Construction and working of telecobalt units - source design - beam collimation and penumbra - trimmers and breast cones. Design and working of medical electron linear accelerators - beam collimation - asymmetric collimator - multileaf collimator - dose monitoring - electron contamination. Output calibration of  $^{60}\text{Co}$  gamma rays, high energy xrays and electron beams using IAEA TRS 398, AAPM TG 51 and other dosimetry protocols.

Relative merits and demerits of kV x-rays, gamma rays, MV x-rays and electron beams. Radiotherapy simulator and its applications. CT and virtual simulations. Central axis dosimetry parameters - Tissue air ratio (TAR) Back scatter/ Peak scatter factor (BSF/PSF) - Percentage depth doses (PDD) - Tissue phantom ratio (TPR) - Tissue maximum ratio (TMR) - Collimator, phantom and total scatter factors. Relation between TAR and PDD and its applications - Relation between TMR and PDD and its applications. SAR, SMR, Off axis ratio and Field factor. Build-up region and surface dose. Tissue equivalent phantoms.

Radiation field analyzer (RFA). Description and measurement of isodose curves/charts. Beam modifying and shaping devices - wedge filters - universal, motorized and dynamic wedges shielding blocks and compensators. Treatment planning in teletherapy - target volume definition and dose prescription criteria- ICRU 50 and 62 - SSD and SAD set ups - two and three dimensional localization techniques - contouring - simulation of treatment techniques - field arrangements - single, parallel opposed and multiple fields - corrections for tissue inhomogeneity, contour shapes and beam obliquity - integral dose.

Conventional and conformal radiotherapy. Treatment time and Monitor unit calculations.

Clinical electron beams - energy specification - electron energy selection for patient treatment - depth dose characteristics ( $D_s$ ,  $D_x$ ,  $R_{100}$ ,  $R_{90}$ ,  $R_{50}$ ,  $R_p$  etc.) - beam flatness and symmetry - penumbra - isodose plots - monitor unit calculations - output factor formalisms - effect of air gap on beam dosimetry - effective SSD.

**4.2 Particulate beam therapy**

Relative merits of electron, neutron, x-ray and gamma ray beams - Neutron capture therapy - Heavy ion therapy.

Quality assurance in radiation therapy - precision and accuracy in clinical dosimetry - quality assurance protocols for telecobalt, medical linear accelerator and radiotherapy simulators - IEC requirements - acceptance, commissioning and. quality control of telecobalt, medical linear accelerator and radiotherapy simulators. Portal and in-vivo dosimetry. Electronic portal imaging devices.

**4.3 Brachytherapy**

Definition and classification of brachytherapy techniques - surface mould, intracavitary, interstitial and intraluminal techniques. Requirement for brachytherapy sources - Description of radium and radium substitutes -  $^{137}\text{Cs}$ ,  $^{60}\text{Co}$ ,  $^{192}\text{Ir}$ ,  $^{125}\text{I}$  and other commonly used brachytherapy sources. Dose rate considerations and classification of brachytherapy techniques - Low dose rate (LDR), high dose rate (HDR) and pulsed dose rate (PDR).

Paterson Parker and Manchester Dosage systems. ICRU 38 and 58 protocols. Specification and calibration of brachytherapy sources - RAKR and AKS - IAEA

TECDOC 1274 and ICRU 72 recommendations. Point and line source dosimetry formalisms - Sievert Integral - AAPM TG-43/43U1 and other dosimetry formalisms.

Afterloading techniques - Advantages and disadvantages of manual and remote afterloading techniques. AAPM and IEC requirements for remote afterloading brachytherapy equipment. Acceptance, commissioning and quality assurance of remote after loading brachytherapy equipment. ISO requirements and QA of brachytherapy sources. Integrated brachytherapy unit.

Brachytherapy treatment planning - CT/MR based brachytherapy planning - forward and inverse planning - DICOM image import / export from OT – Record & verification. Brachytherapy treatment for Prostate cancer. Ocular brachytherapy using photon and beta sources. Intravascular brachytherapy - classification - sources – dosimetry procedures - AAPM TG 60 protocol. Electronic brachytherapy (Axxent, Mammosite, etc.)

#### 4.4 Computers in Treatment Planning

Scope of computers in radiation treatment planning - Review of algorithms used for treatment planning computations - Pencil beam, double pencil beam, Clarkson method, convolution superposition, lung interface algorithm, fast Fourier transform, Inverse planning algorithm, Monte Carlo based algorithms. Treatment planning calculations for photon beam, electron beam, and brachytherapy - Factors to be incorporated in computational algorithms. Plan optimization - direct aperture optimization - beamlet optimization - simulated annealing - dose volume histograms - Indices used for plan comparisons - Hardware and software requirements - beam & source library generation. Networking, DICOM and PACS. Acceptance, commissioning and quality assurance of radiotherapy treatment planning systems using IAEA TRS 430 and other protocols.

#### 4.5 Special and Advanced Techniques of Radiotherapy

Special techniques in radiation therapy - Total body irradiation (TBI) - large field dosimetry - total skin electron therapy (TSET) - electron arc treatment and dosimetry – intraoperative radiotherapy. Stereotactic radiosurgery/radiotherapy (SRS/SRT) - cone and mMLC based XKnife - Gamma Knife - immobilization devices for SRS/SRT - dosimetry and planning procedures - Evaluation of SRS/SRT treatment plans - QA protocols and procedures for X and Gamma Knife units - Patient specific QA. Physical, planning, clinical aspects and quality assurance of stereotactic body radiotherapy (SBRT) and Cyber Knife based therapy. Intensity modulated radiation therapy (IMRT) - principles - MLC based IMRT - step and shoot and sliding window techniques - Compensator based IMRT - planning process – inverse treatment planning - immobilization for IMRT - dose verification phantoms, dosimeters, protocols and procedures - machine and patient specific QA. Intensity Modulated Arc Therapy (IMAT e.g. Rapid Arc). Image Guided Radiotherapy (IGRT) - concept, imaging modality, kV cone beam CT (kVCT), MV cone beam CT (MVCT), image registration, plan adaptation, QA protocol and procedures - special phantom, 4DCT. Tomotherapy - principle - commissioning - imaging - planning and dosimetry - delivery - plan adaptation - QA protocol and procedures.

## 5. RADIATION SAFETY

### 5.1 Radiation Protection standards

Radiation dose to individuals from natural radioactivity in the environment and manmade sources. Basic concepts of radiation protection standards – Historical background - International Commission on Radiological Protection and its recommendations – The system of Radiological Protection – Justification of Practice,

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Optimisation of Protection and individual dose limits – Radiation and tissue weighting factors, equivalent dose, effective dose, committed equivalent dose, committed effective dose – Concepts of collective dose- Potential exposures, dose and dose constraints – System of protection for intervention - Categories of exposures – Occupational, Public and Medical Exposures - Permissible levels for neutron flux - Factors governing internal exposure

### 5.2 Principles of Monitoring and Protection

Evaluation of external radiation hazards - Effects of distance, time and shielding – Shielding calculations - Personnel and area monitoring - Internal radiation hazards – Radio toxicity of different radionuclides and the classification of laboratories – Control of contamination – Bioassay and air monitoring – chemical protection – Radiation accidents – disaster monitoring

### 5.3 Safety in the Medical Uses of Radiation

Planning of medical radiation installations – General considerations – Design of diagnostic x-ray, tele gamma and accelerator installations, brachytherapy facilities and medical radioisotope laboratories.

Evaluation of radiation hazards in medical diagnostic therapeutic installations – Radiation monitoring procedures - Protective measures to reduce radiation exposure to staff and patients - Radiation hazards in brachytherapy departments and teletherapy departments and radioisotope laboratories - Particle accelerators Protective equipment - Handling of patients - Waste disposal facilities - Radiation safety during source transfer operations Special safety features in accelerators, reactors. Protection during radioactive source loading.

### 5.4 Applications of Radiation in industry, Agricultural and Research

Radioisotope gauges - Tracer applications for radioisotopes in agriculture and industry- Gamma chamber -Radiation sterilization - Irradiation of food and drugs – Radiation protection in Industrial Radiographic Installations - Enclosed, open top, open field and skyshine. Tritium and C-14 monitoring – Monitoring of Spillage - Contamination and control.

### 5.5 Radioactive Waste Disposal

Radioactive wastes – sources of radioactive wastes - Classification of waste – Treatment techniques for solid, liquid and gaseous effluents – Permissible limits for disposal of waste - Sampling techniques for air, water and solids – Geological, hydrological and meteorological parameters – Ecological considerations. Disposal of radioactive wastes - General methods of disposal - Management of radioactive waste in medical, industrial, agricultural and research establishments.

### 5.6 Transport of Radioisotopes

Transportation of radioactive substances - Historical background - General packing requirements - Transport documents - Labeling and marking of packages – Regulations applicable for different modes of transport - Transport by post - Transport emergencies - Special requirements for transport of large radioactive sources and fissile materials - Exemptions from regulations – Shipment approval – Shipment under exclusive use – Transport under special arrangement – Consignor's and carrier's responsibilities

### 5.7 Legislation

Physical protection of sources - Safety and security of sources during storage, use, transport and disposal – Security provisions: administrative and technical – Security threat and graded approach in security provision

National legislation – Regulatory framework – Atomic Energy Act – Atomic Energy



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(Radiation Protection) Rules – Applicable Safety Codes, Standards, Guides and Manuals – Regulatory Control – Licensing, Inspection and Enforcement – Responsibilities of Employers, Licensees, Radiological Safety Officers and Radiation Workers – National inventories of radiation sources – Import, Export procedures

#### **5.8 Radiation Emergencies and their Medical Management**

Radiation accidents and emergencies in the use of radiation sources and equipment in industry and medicine - Radiographic cameras and teletherapy units - Loading and unloading of sources - Loss of radiation sources and their tracing - Typical accident cases. Radiation injuries, their treatment and medical management - Case histories.

### **Section (C): 10 % Marks**

#### **6. Concept of management**

- 6.1 Management: concept, scope, functions, principles, and its practices
- 6.2 Hospital Management : concept, scope, function, principle and its practices
- 6.3 Communication skills, problem solving and decision making
- 6.4 Planning, organizing, monitoring and evaluation in health sector
- 6.5 Participative management
- 6.6 Social justice and social security system in Nepal
- 6.7 Positive attitude and self-development
- 6.8 Demographic characteristic of Nepal

#### **7. Organizational Knowledge and General Health Issues**

- 7.1 B.P.Koirala Memorial Cancer Hospital : History, organizational structure, functions, roles, services, problems and challenges
- 7.2 National Health Policy
- 7.3 B.P.Koirala Memorial Cancer Hospital related act and regulations
- 7.4 Health Service Act, 2053 and Health Service Regulation, 2055
- 7.5 Professional council related acts and regulations
- 7.6 Professional and medical ethics